



Mental Illness in our Families:

Understanding the Signs and Connecting to Treatment and Support

Monday, November 2, 2015 at 7:30 pm
at the Verona Community Center

Most people believe that mental disorders are rare and “happen to someone else.” In fact, mental disorders are common and widespread. An estimated 54 million Americans suffer from some form of mental disorder each year.

This event is open to the public. It will feature a moderated panel discussion and information table from local mental health organizations, including **Mental Health Association in NJ (MHANJ)** and the **National Alliance on Mental Illness New Jersey (NAMI)**. This panel discussion is designed to help families struggling with mental illnesses including but not limited to, depression, anxiety disorders, bi-polar disorder, schizophrenia, and obsessive-compulsive disorders.



For more information
please contact the
**Junior Woman's Club
of Verona** at
info@veronajuniors.org.

Presenters

Laverne Williams
Director of the Promoting Emotional
Wellness & Spirituality (PEWS) Program
Mental Health Association in NJ (MHANJ)

Lieutenant Richard Cavanugh
Montclair Police Department and
Essex County CIT Law Enforcement
Coordinator

Patricia Keenan
Assistant Director
Essex County Hospital Center

Richard Carson
Peer Counselor
Project LIVE

The Panel will be moderated by

Connie Pfiefer
Health & Social Services Coordinator
Verona Health Department